

Boogs Fitness – Legal Notice

Last updated: 8/17/25

Privacy Policy

At Boogs Fitness, your privacy is important to us. This Privacy Policy explains how we collect, use, and protect your information.

What We Collect

We may collect:

- Name and contact details (email, phone number)
- Information you provide when signing up for services
- Site usage data via cookies or analytics tools

How We Use It

Your information may be used to:

- Communicate with you about coaching services
- Improve our offerings and website experience
- Send updates, promotions, and scheduling info

We will never sell or rent your information to third parties. Your data is stored securely and only accessible to authorized personnel.

Your Choices

You may:

- Opt out of marketing emails at any time

- Request access to or deletion of your personal data
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Terms & Conditions

By accessing or using this website and/or signing up for coaching services, you agree to the following terms:

Service Use

- All fitness and nutrition guidance is educational and personalized to the best of our ability.
- You must be 18 years or older to use our services, unless parental consent is provided.
- You acknowledge that results may vary based on personal effort, lifestyle, and individual differences.

Billing and Cancellations

- Billing is handled through our secure payment system. Late cancellations or missed sessions may be subject to our cancellation policy.
- Refunds are not guaranteed and are subject to review.

Intellectual Property

All content on this website — including text, videos, and materials — is the property of Boogs Fitness. Do not reproduce or share without permission.

Disclaimer

Boogs Fitness is not a medical provider. All training and nutrition advice is intended for general educational and motivational purposes. You should consult with your physician before beginning any new fitness or nutrition program.

You understand and acknowledge:

- There are inherent risks associated with physical training.
 - You are voluntarily choosing to participate and assume full responsibility for your health and results.
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Contact Us

For questions about this policy, please contact:

 **D_Boogs@Outlook.com**

 **808-367-5139**

 **BoogsFitness.com**